Clinician Resource List

Medically Accurate Contraceptive Information

- Information on all birth control methods can be found in Upstream’s Clinician Toolkit on pages 4-16.
- Larc First, Quick Start Algorithm
- ARHP, Quick Reference Guide for Clinicians

Managing Complications

- Information on managing complications can be found in Upstream’s Clinical Support Guide on pages 18-22. (hyperlink “Clinical Support Guide” to direct readers to this resource).
- American Family Physician, Managing Adverse Effects of Hormonal Contraception
- CDC, Management of Women with Bleeding Irregularities While Using Contraception
- ACOG, Clinical Challenges of Long-Acting Reversible Contraceptive Methods

Precepting for Placement of IUDs and Implants:

Clinicians are eligible to begin placing LARCs after receiving hands-on training and instruction for placing, removing, and managing complications with IUDs and implants. While not all institutions have a formal precepting policy, it is recommended that new learners are mentored by experienced providers as they begin working with LARCS to improve their confidence, strengthen their skill set, and manage any clinical challenges that may arise. Upstream has designed a Guide to Precepting for IUDs and Implants to assist you with coordinating this process.

Preconception Counseling

- American Academy of Family Physicians, AAFP Urges FPs to Integrate Preconception Care Into Patient Visits
- American Family Physician, Recommendations for Preconception Counseling and Care
- American Journal of Obstetrics & Gynecology, The Clinical Content of Preconception Care An Overview and Preparation of this Supplement
- Before, Beyond, and Between Pregnancy: Resource Guide for Clinicians
Clinician Resource List

Adolescent Practice

- American Academy of Pediatrics, Adolescent Sexual Health
- American Academy of Pediatrics, Contraception for Adolescents
- Adolescent Health Working Group
- Guttmacher Institute, An Overview of Minors’ Consent Law

LGBT/Gender Inclusivity

- Joint Commission, Advancing Effective Communication, Cultural Competence, and Patient- and Family-Centered Care for the Lesbian, Gay, Bisexual, and Transgender (LGBT) Community, A Field Guide
- Reproductive Health Access Project, Birth Control Across the Gender Spectrum
- AMA, Physician Resources for an LGBTQ-inclusive Practice

Miscellaneous Information

- CDC MMWR, Providing Quality Family Planning Services
- An Update has been published to this report
- CDC MMWR, How to be Reasonably Certain a Woman is not Pregnant
- CDC MMWR, Sexually Transmitted Diseases Treatment Guidelines